

COMPETITIVE SUMMER JUNIOR TENNIS PROGRAM

Summer 2011

(No classes Monday, July 4)

1100 Bethel Road, Columbus, OH 43220 - (614) 457-5671 - tennis@racquetclub1.com - www.racquetclub1.com

Pros: Ken Berlin, Jake Dowdell, USPTA; Gene Fields, USPTA; Gabe Higgs, USPTA; Christina Keesey, USPTA; Megan Martzolf; Bryan Nibert, USPTA; Guy Parks, USPTA; Tyler Stephen, Roger Thurman, USPTA

High Performance Program

WHAT: Tournament training focusing on the skills needed to play college tennis. The program will teach the mental, physical, and emotional tools to achieve players' goals. Players will learn to start and end points with specific match strategy and an understanding of percentage play from all court positions. Dedicated tournament players only aged 14 and over, except for sectionally ranked players. (Requires coaches' approval.)

WHERE: Classes will be held on 7 outdoor courts at U.A. High School and 10 indoor courts at the Racquet Club. (Due to scheduling conflicts, this program will take place at Hilliard Darby High School on June 22, 23, 29, 30 and July 5, 6, & 7)

WHEN: Monday – Friday, 8:00am to 10:00am. June 13th - August 19th

COST: \$759 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation, tournaments or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$175 per week.

Fridays: Junior Team Tennis Matches, 12pm – 3pm Matches \$6/week. (JTT requires \$25 USTA reg.fee ... includes t-shirt.)

High Performance Junior

WHAT: For the dedicated 14 & under tournament player. The program will teach the mental, physical, and emotional tools to achieve the players' goals. Players will learn to start and end points with specific match strategy, and an understanding of percentage play from all court positions. (Requires coaches' approval.)

WHEN: Monday – Thursday, 2:30pm to 4:30pm & Friday, 10:00am to 12:00pm. June 13th - August 19th

COST: \$759 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation, tournaments or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$175 per week.

Fridays: Junior Team Tennis Matches, 12pm – 3pm Matches \$6/week. (JTT requires \$25 USTA reg.fee ... includes t-shirt.)

High School Varsity Program

WHAT: Focuses on developing junior players who are playing High School Varsity Tennis, or who have tournament experience with a desire to play Varsity Tennis. Players will be trained to become the best they can be with an emphasis on personal development. Players will be taught to develop their own individual style and stroke technique.

WHEN: Monday – Thursday, 4:30pm to 6:30pm. June 13th - August 19th

COST: \$689 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation, tournaments or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$150 per week.

Fridays: Junior Team Tennis Matches, 12pm – 3pm Matches \$6/week. (JTT requires \$25 USTA reg.fee ... includes t-shirt.)

Note: Players may also attend on Fridays from 10:00am to 12:00pm for an additional \$80 for the summer.

Team Development Program

WHAT: Stroke and tactic training for the less experienced tournament player who has played middle / high school tennis.

WHEN: Monday – Thursday, 11:00am to 1:00pm, Friday 10:00am to 12:00pm, June 13th - August 19th

COST: \$759 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation, tournaments or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$175 per week.

Fridays: Junior Team Tennis Matches, 12pm – 3pm Matches \$6/week. (JTT requires \$25 USTA reg.fee ... includes t-shirt.)

Super Stars

WHAT: For dedicated players ages 8-12 who have played in the Stars Class and are playing tournament tennis. Players train for competitive tournament tennis and become better athletes.

WHEN: Monday – Thursday, 2:30pm – 4:30pm & Friday, 10:00am to 12:00pm. June 13th - August 19th

COST: \$759 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation, tournaments or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$175 per week.

Fridays: Junior Team Tennis Matches, 12pm – 3pm Matches \$6/week. (JTT requires \$25 USTA reg.fee ... includes t-shirt.)

Stars

WHAT: (Green Dot Ball ... ages 7-12) This group is for players who are very serious about developing their tennis. This is "THE" class for shaping your game before becoming a competitive player. Players will learn all the essentials needed to become a tournament competitor and be taught HOW TO PLAY. (Coaches approval)

WHEN: Monday – Thursday, 1:00pm – 2:30pm. June 13th - August 19th

COST: \$599 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$139 per week.

Fridays: Junior Team Tennis Matches, 12pm – 3pm Matches \$6/week. (JTT requires \$25 USTA reg.fee ... includes t-shirt.)

Or

WHEN: Monday + Wednesday, 6:30pm to 8:00pm

COST: \$299 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$69 per week.

Shooting Stars

WHAT: (Orange / Green Dot Ball ... ages 8-13) Players will learn the tools needed to Play Matches. Most importantly, players will master serving, scoring, and rallying from the baseline with consistency in match play situations.

WHEN: Monday – Thursday, 1:00pm – 2:30pm. June 13th - August 19th

COST: \$599 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$139 per week.

Fridays: Junior Team Tennis Matches, 12pm – 3pm Matches \$6/week. (JTT requires \$25 USTA reg.fee ... includes t-shirt.)

Or

WHEN: Monday + Wednesday, 6:30pm to 8:00pm

COST: \$299 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$69 per week.

Future Stars

WHAT: (Red / Orange Ball ... ages 6-10) Emphasis is on motor mechanics and movement, but most of all, FUN, FUN, FUN. Beginning match play will be taught in a nurturing setting with games, drills, and more games. Players can serve from the baseline and play points. Friday is supervised match play day.

WHEN: Monday – Thursday, 1:30pm – 2:30pm, Friday: Match Play, 2:00pm – 3:00pm

COST: \$468 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$99 per week.

Or

WHEN: Monday + Wednesday, 6:30pm – 7:30pm

COST: \$215 for the summer. Price assumes that players will attend the program for 6 of the 10 weeks of the program, and allows for 4 weeks of vacation or time off. **Bonus:** players who attend for all 10 weeks get 4 weeks free! As space permits, players can participate on a weekly basis for \$49 per week.

Fitness Training

WHAT: This program will improve performance on the court and decrease injury potential. The focus is on strengthening the core of the body to allow the player to perform powerful movements on the court. Training includes the development of explosive power, quickness and agility, and the movement skills necessary for high level tournament tennis.

WHEN: Tuesday & Thursday, 1:30pm – 2:30pm

COST: \$145 unlimited for the summer or \$23 per week

The Junior Competitive Program includes Junior Team Tennis on Fridays (\$6 per match)
(Registration for USTA Junior Team Tennis requires a \$25 on-time
USTA registration fee ... includes t-shirt.)

- Class sizes may be limited. Acceptance into these programs is on a first come, first served basis.
- Full payment of program fee is required to secure your spot in these programs.
- Acceptance into these programs is subject to approval by Gabe or Bryan. A player's level of ability will be considered for acceptance.
- ***There will be no make-ups for missed Competitive Summer Junior Tennis Program classes.***
- ***Full Junior Club membership required (\$169) • Program fees are not refundable once program begins.***

******* CHILDREN MUST BE DIRECTLY SUPERVISED AT ALL TIMES WHILE AT THE RACQUET CLUB *******

Children aged 13 and under must be under the direct supervision of a parent or guardian at all times while at the Racquet Club. To be under direct supervision, children must be within eye-sight of the parent or guardian, and the parent or guardian must know at all times where the children are and what they are doing. Children of any age cannot be dropped off and left at the Racquet Club for extended periods of time (more than a few minutes). When children are not under the direct supervision of a tennis professional or program director, parents or guardians must be on the premises and in direct supervision of their children.